

TYPE 1 DIABETES



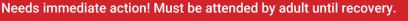


This first aid protocol is part of the student's medical orders (Diabetes Management Plan)

Student Name: EMERGENCY CONTACTS	Date of Birth: _	D M Y	Class:
Parent A:	PH:	_	
Parent B:	PH:	_	
Diabetes Educator:	PH:		
I hereby authorise medications and treatments specified on this plan to be administered according to the plan as consented by the parent/ guardian/patient			
Doctor:	Signature/s:		Date:
GLUCOSE LEVELS			



LOW: Under 3.5 mmol/l = HYPO



ACT NOW

Symptoms - drowsy, sweaty, shaky, irritable, headache, poor concentration. Symptoms may not be obvious.

- 1. Give rapid acting carbohydrate ______ (must always be accessible).
- 2. If CGM reads above 3.5mmol/l and student has symptoms, check finger-prick glucose level (student's hand must be washed) and treat if glucose level under 3.5mmol/l.
- 3. Check glucose level 15 minutes after treatment.
- 4. If glucose level is still under 3.5mmol/l repeat treatment.
- 5. Stay with student and call for additional assistance if concerned.

SEVERE LOW GLUCOSE - UNRESPONSIVE, FITTING (or cannot accept glucose by mouth).



- 1. Place student on their side.
- 2. Call for help and request trained staff member attend immediately.
- 3. Administer glucagon where prescribed.
- 4. Call ambulance (Dial 000 and state 'Diabetes Emergency').
- 5. Notify parents if unable to contact parents, notify diabetes team.



HIGH: Over 8.0 mmol/l = HYPER

ALERT

If the student appears WELL

- 1. The student should continue classroom activities.
- 2. Refer to student's Diabetes Management Plan for possible causes, further actions and management.

If the student appears UNWELL, is FEELING SICK or is VOMITING THIS MAY BE LIFE THREATENING!

- 1. Escalate IMMEDIATELY to trained staff members to take action in accordance with Diabetes Management Plan.
- 2. Notify parents.
- 3. If unable to contact the parents, call an ambulance (Dial 000 and state 'Diabetes Emergency').
- 4. Never assume the cause of vomiting until assessed by a parent or medically qualified person.



3.5-8 mmol/l = TARGET RANGE

Perfect for optimal school performance, concentration, learning and memory.

GOAL

This plan does not expire but review is recommended by